



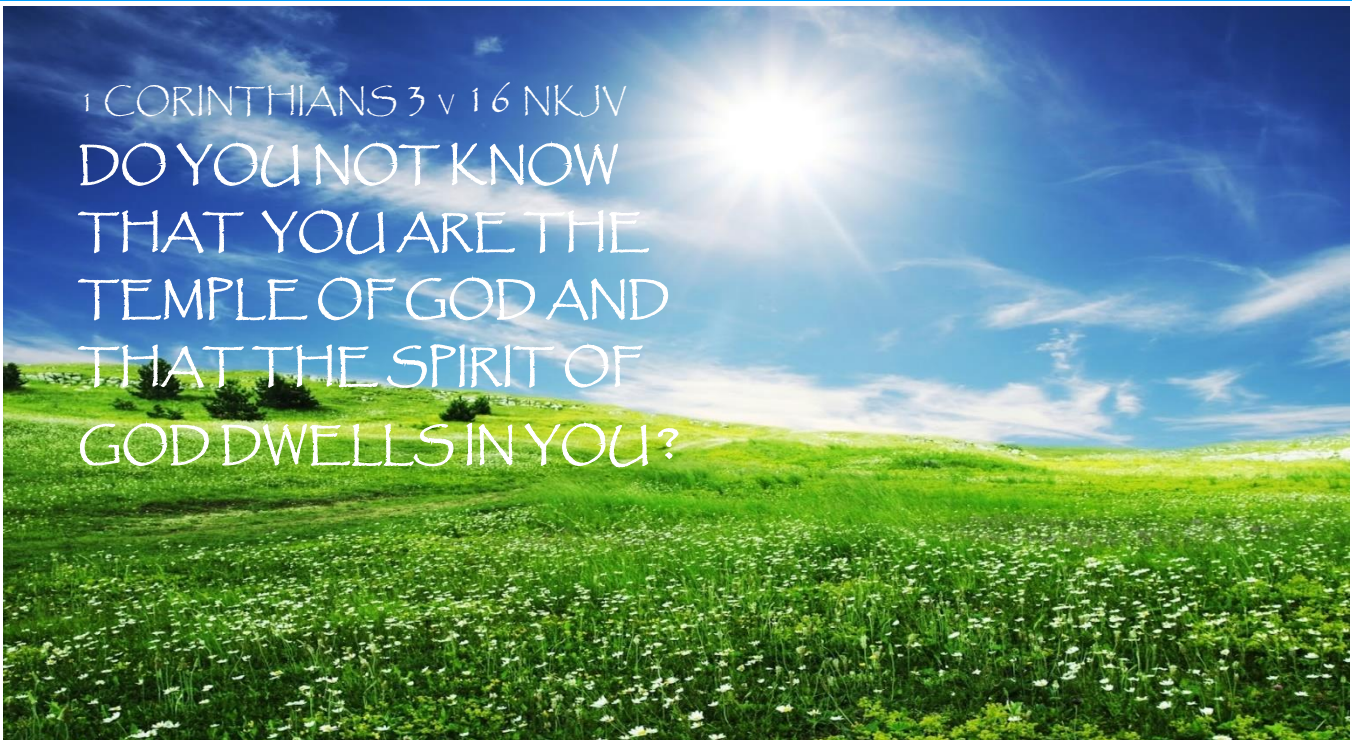
# Koinonia

## Evangelical Church

- Sunday mornings: 10.30am
- Sunday evenings: 6.30pm

NEWSLETTER

MARCH 2022



We welcome you to our services today. If this is your first visit, please make yourself known to us. May you know God's blessing, as we worship our awesome God.

Pastor: Don Olden

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Any items for inclusion in the newsletter should be passed to Laurence 1 week prior to the last day of the month ✉ [laurencechetwood@icloud.com](mailto:laurencechetwood@icloud.com)

# Mountains

Have you ever done any mountaineering? I haven't, well not seriously, I've done a little bit of rock climbing but that's about it. I've often looked in awe at those people who are serious mountaineers. The way they are able to climb seemingly sheer rock faces by finding a small protrusion or crevice on which to get a hold. Those who do free climbing, that is, without any ropes, take this sport to its extreme. I'm sure it must be very exhilarating but I'm not sure I'd fancy it.



I'm sure people climb mountains for various reasons; the challenge, the thrill, the satisfaction of reaching the top. For many people it's the camaraderie of being part of a group and supporting one another. Of course, climbing doesn't have to be the extreme variety, we have probably all struggled up a steep slope at some time or another. It's a real blessing when we have someone else there to encourage us on.

The Christian experience can be a bit like climbing a mountain. Sometimes it may be a relatively easy path but other times it will be a much more difficult climb. The good thing is we don't do this alone. Firstly, we have God there with us every step of the way. The Holy Spirit leads us in the right way to go and ensures we have the strength to reach the summit.

God has also graciously given us one another to be a support on this climb. Christians are never seen as isolated individuals in the Bible but part of the Church, a holy people, a royal priesthood. The Christian life is not a solitary one but rather, we are all part of a family, and we are to help one another throughout this journey.

One final thought, have you noticed that as a climb gets more difficult, we tend to just focus on the next step? We look down at our feet, or for the security of the next handhold. This is sensible and often necessary but there is a danger that in doing this we can lose sight of everything else around us. Part of the wonder of climbing a mountain is to take the time to enjoy the view. Sometimes we need to stop and take the focus away from what's right in front of us so that we can marvel at the bigger picture, otherwise we might forget why we're climbing in the first place.

**Our present difficulties should always be seen in the light of God's big picture**

# MARCH DIARY

March 6 <sup>th</sup>	10.30 am	-	Don Olden
	5.30 pm	-	Prayer Meeting
	6.30 pm	-	Don Olden
March 13 <sup>th</sup>	10.30 am	-	David Tucker
	5.30 pm	-	Prayer Meeting
	6.30 pm	-	Aurel Vidal - International Mission to Jewish People (IMJP)
March 20 <sup>th</sup>	10.30 am	-	Dennis Eaton
	5.30 pm	-	Prayer Meeting
	6.30 pm	-	Don Olden
March 27 <sup>th</sup>	10.30 am	-	David Pickard
(Daylight Saving Time Starts)	5.30 pm	-	Prayer Meeting
	6.30 pm	-	Don Olden (Communion)

MEET UP WITH DON AT COSTA IN ANDOVER @ 11am.  
This month Don will be available on the 8th and 22nd only.

HOUSEGROUP MEETINGS THIS MONTH on  
9<sup>th</sup>, 16<sup>th</sup> & 30<sup>th</sup>  
At 1.30 pm 2pm and 7.30 pm.

CONGREGATIONAL GET TOGETHER  
Saturday 5<sup>th</sup> at 5:30pm

EXTRAORDINARY CHURCH MEMBERS MEETING  
Wed 23<sup>rd</sup> at 7:30pm via Microsoft Teams

CHURCH WALK  
Sat 26th. See Dave or Hilary for details.

# Advanced Notices

QUIZ NIGHT ON APRIL 2<sup>nd</sup>  
Details to be announced

## PRAYER REQUESTS

- *Heavenly Father we humbly pray that you watch over our Church, and bring peace, tranquility and strength, to each and everyone of us. We ask in the precious name, of Your Son, Our Redeemer, Jesus Christ.*
- *Let us pray for Open Doors, serving persecuted Christians worldwide. ( <https://www.opendoorsuk.org/> .*
- *Heavenly Father, we thank you for the chance to study your Word at our HouseGroup meetings during the week. We pray for more knowledge and wisdom, under the auspices of Your Son, who has promised to be with us, while we are gathered together.*
- *May we pray for Jacqui, that she will make a speedy recovery, and for Andrew as he supports her in her time of need.*
- *Our continuing prayer for Barry and Eileen.*
- *Our continuing prayer for Rosemary.*
- *Our continuing prayer for Maria.*
- *Our continuing prayer for Fergus and family*
- *Our continuing prayer for Stan and Eleanor*
- *Please continue to pray for Robin*



# THE MANY WONDERS OF GOD'S CREATION

EACH MONTH WE'LL BE HIGHLIGHTING SOME FEATURES FROM THE NATURAL WORLD, WHICH DEMONSTRATE THE OMNISCIENCE OF OUR AWESOME CREATOR.

## THE SONOLUMINESCENCE PHENOMENON OF MANTIS SHRIMPS

Mantis shrimps or somatopods live in tropical or semi-tropical waters. One group spears its prey, while the other delivers a punch from two appendages, called dactyl clubs. This punch has a velocity of around 50 mph delivering a force of 1500 Newtons, which can easily break the hard shells of the crustaceans it hunts. The speed of the punch also produces cavitation bubbles which emit light when they collapse ...the phenomenon of sonoluminescence. Scientists are still divided on the exact cause of this light emission.

## DEMOISELLE CRANES MIGRATING OVER THE HIMALAYAS

These magnificent birds cross the mountain range from their summer breeding grounds in Tibet, Mongolia and Siberia to over winter on the Indian plains. It was previously thought that they used lowland passes to migrate. They appear to make their flight, when the barometric pressure and the temperature are low and the prevailing wind is westerly.

## LOCOMOTION OF SHARKS

Sharks have skeletons of cartilage. They have a certain density to maintain their buoyancy from those cartilage skeletons and from high oil content livers, but this is not enough to stop them sinking. So they have to keep swimming to maintain a depth in the water. Some species spend time on the ocean floor, to take advantage of this anatomy. Most shark species also have to swim to keep oxygenated water flowing over their gills.....another reason for their necessity to keep swimming. There are some species that can utilise muscles to draw in water to flow over their gills. Sharks use their pectoral fins to lift them to various depths in the water. This is called dynamic lift. On the other hand, bony fish have swim bladders that maintain their buoyancy, at depths that are regulated by the amount of air contained.

## MONARCH BUTTERFLIES AND THEIR MIGRATION

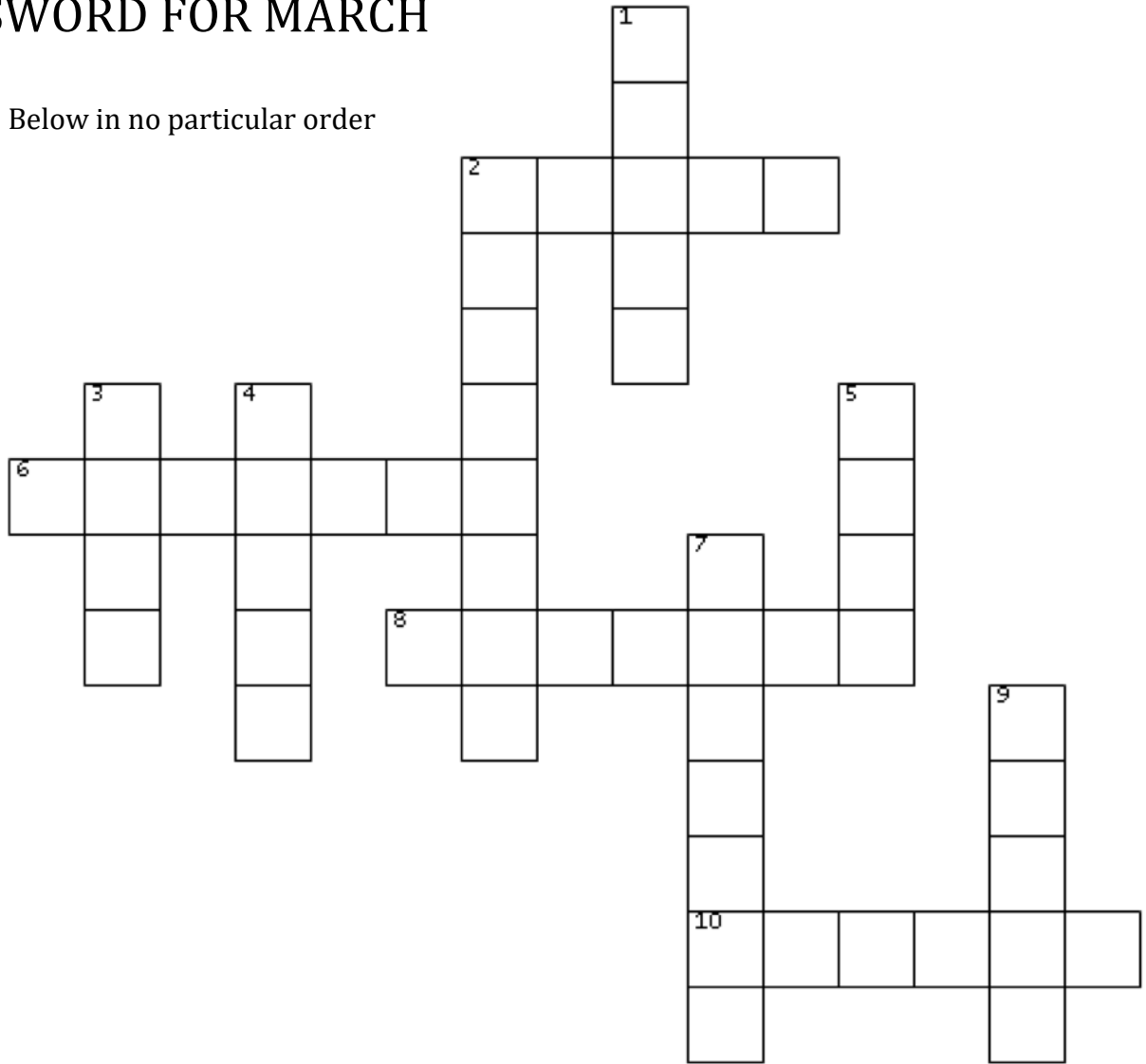
Each autumn, millions of [monarch butterflies](#) leave their summer breeding grounds in the northeastern U.S .and Canada and travel upwards of 3,000 miles to reach overwintering grounds high up, on just a few mountains in central Mexico. They congregate on oyamel fir trees, and in their large numbers create a microclimate, with an essential, stable, temperature. After waiting out the winter, these individuals head part of the way back north to warmer climes such as Texas, where they mate and lay eggs on milkweed plants. In just a few days the eggs hatch into brilliantly striped, black gold and white caterpillars. These monarch larvae consume vast amounts of milkweed, before forming a chrysalis, and transforming into adult butterflies. Their journey north continues and the cycle repeats, until up to 5 generations occur before they reach Canada or North Eastern USA. The generation of monarchs that returns to Mexico on air currents are more long lived than those which migrated north .....up to eight months, as opposed to five to seven weeks.

## WATER REQUIREMENT OF A MATURE ENGLISH OAK IN SUMMER

This can be around fifty gallons in a day. The flow of water from root to leaf is called the transpiration stream. Capillary and osmotic gradients allow the stream to be uninterrupted and overcome the force of gravity.

# CROSSWORD FOR MARCH

ANSWERS Below in no particular order



## ACROSS

- 2. Fed the Israelites in the wilderness
- 6. Betrayed Samson
- 8. Gideon's weapon from an ass.
- 10. Pieces of silver to sell Joseph into captivity

## DOWN

- 1. Also John the Baptist's food
- 2. He replaced Judas as a disciple
- 3. Jesus met Samaritan woman here
- 4. Jesus used mud and spittle to restore this
- 5. Physician and gospel writer
- 7. John the Baptist's food
- 9. Days Jesus spent in the wilderness

Delilah Manna Forty Honey Sight Locusts Jawbone Matthias  
 Well Luke Twenty

SABBATH

JAIRUS WATER SILOAM CENTURION LAZARUS POOL JOHN THE BAPTIST'S FOOD